THE C.A.R.E Schedule

Pupil Version

Checklist assessing Risk of Exclusion

Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

DOB\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_FORM/YEAR GROUP\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

School/College\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

Date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

This schedule is to be completed with a student. It is for you together to rate the number of factors in terms of their influence relating to the risk of exclusion. It is important to document the pupil’s voice within this schedule.

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Well-being factors | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| I often feel too tired for school | 3 | 2 | 1 | 0 |
| I don’t feel very good about myself | 3 | 2 | 1 | 0 |
| I foten feel sad or miserable and I can’s shake these feelings off | 3 | 2 | 1 | 0 |
| I often worry a lot and can’t seem to stop worrying | 3 | 2 | 1 | 0 |
| I don’t have many friends | 3 | 2 | 1 | 0 |
| I have been bullied a lot | 3 | 2 | 1 | 0 |
| I am growing, changing physically and that sometimes worries or confuses me | 3 | 2 | 1 | 0 |
| I don’t like to tell people how I feel | 3 | 2 | 1 | 0 |
| I guess the problems I have had aren’t going to go away. | 3 | 2 | 1 | 0 |

 TOTAL /27

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Learning | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| Not being able to read or write very well make me behave badly | 3 | 2 | 1 | 0 |
| Its hard to say things or to understand thigns and that makes me behave badly | 3 | 2 | 1 | 0 |
| I don’t understand much of what we have to do and that makes me behave badly | 3 | 2 | 1 | 0 |
| I sometimes behave badly because I am not good at maths | 3 | 2 | 1 | 0 |
| I forget books and equipment or what lesson is next and that gets me into trouble with the teachers | 3 | 2 | 1 | 0 |
| The go too fast in lessons and that makes me behave badly | 3 | 2 | 1 | 0 |
| Its hard to pay attention in class and that gets me in trouble with the teachers | 3 | 2 | 1 | 0 |

 TOTAL /21

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Social skills and performance | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| I don’t get on well with the other kids | 3 | 2 | 1 | 0 |
| I often do things the other kids tell me to do even if it is wrong | 3 | 2 | 1 | 0 |
| Some kids do quite bad things and I often think that is ok or cool | 3 | 2 | 1 | 0 |
| I get into a lot of trouble in the playground | 3 | 2 | 1 | 0 |
| I guess I don’t listen to or talk to people very well | 3 | 2 | 1 | 0 |
| I don’t have many interests out of school (like sports etc) | 3 | 2 | 1 | 0 |
| I have been in trouble with the police | 3 | 2 | 1 | 0 |

 TOTAL /21

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| General behaviour pattern | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| I often act before I think of the consequences | 3 | 2 | 1 | 0 |
| I can get really angry and hurt people | 3 | 2 | 1 | 0 |
| People think I have got a bad reputation | 3 | 2 | 1 | 0 |
| I often just won’t do homework | 3 | 2 | 1 | 0 |
| I have often bunked off from school | 3 | 2 | 1 | 0 |
| I get very angry when I am told off – and I show it | 3 | 2 | 1 | 0 |
| A few particular teachers really cause me problems | 3 | 2 | 1 | 0 |

 TOTAL /21

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| General attitude / coping | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| I blame others for things I do | 3 | 2 | 1 | 0 |
| I dislike people who tell me what to do in school | 3 | 2 | 1 | 0 |
| I don’t like it when people praise me | 3 | 2 | 1 | 0 |
| I’m not very bothered about school and learning | 3 | 2 | 1 | 0 |
| I don’t like it when people try to help me with learning | 3 | 2 | 1 | 0 |
| I get angry if people tell me off – they pick on me | 3 | 2 | 1 | 0 |
| I don’t behave better just because people praise me | 3 | 2 | 1 | 0 |
| I often don’t admit when I have done something wrong /misbehaved | 3 | 2 | 1 | 0 |

 TOTAL /24

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Family/ parenting | This is really true of me | This is quite true of me | This is only a bit like me | No problem |
| My parents can’t control me very well | 3 | 2 | 1 | 0 |
| There is a lot of stress and problems in my family | 3 | 2 | 1 | 0 |
| My parents don’t back school up if I have misbehaved | 3 | 2 | 1 | 0 |
| We don’t have enough money  | 3 | 2 | 1 | 0 |
| It really bugs me that my real parents are not together | 3 | 2 | 1 | 0 |

 TOTAL /15