



Independent Travel Training (ITT) is aimed at children and young people, aged 11-19, that have additional needs and lack the skills, knowledge and confidence to travel independently. Halton's ITT project has been running since 2007 delivering training on walking, cycle, bus and train journeys. During that time many children and young people have been trained to travel independently; leading to greater educational, social and employment opportunities.

ITT sessions are delivered through classroom based sessions, outdoor practical group training as well as one-to-one training. The classroom based sessions are delivered on a weekly basis and are flexible to fit in with the school timetable. The sessions are tailored to suit the learning abilities of the students and are delivered through games, class discussion, worksheets, quizzes, puzzles, videos etc. Each session is fully facilitated by one of Halton's Independent Travel Trainers and cover a variety of topics, including-

- Road Safety
- Personal Safety
- Communication Skills
- Preparing for a Journey
- Planning a Journey

Outdoor practical group sessions are delivered following the completion of the classroom sessions; to help develop the theoretical knowledge, gained from the indoor sessions, into practical knowledge and skills. Each session is led and controlled by one of Halton's Independent Travel Trainers. We have seen great benefits from the classroom and outdoor sessions in many schools that we have worked in, most notably at Ashley School, Chesnut Lodge School, St Bede's Catholic Junior School and Westfield Primary School.

One-to-one ITT is invaluable for those students that wish to undertake a journey independently but lack the skills, knowledge or confidence in how to complete that journey. Each journey is route specific and a great deal of work goes into the planning of the route and training prior to a trainee starting. ITT is ideal for any student that is making the transition from primary to secondary or secondary to college education, due to them having to undertake a new and unfamiliar route. ITT is delivered at the pace of the trainees learning and is not on a strict timescale.

If our services could benefit any of your students please do not hesitate to contact us for further details-

[itt@halton.gov.uk](mailto:itt@halton.gov.uk)

Derek Donoghue – Independent Travel Training Co-Ordinator  
[derek.donoghue@halton.gov.uk](mailto:derek.donoghue@halton.gov.uk) 0151 511 7568

Dawn Holden – Independent Travel Trainer  
[dawn.holden@halton.gov.uk](mailto:dawn.holden@halton.gov.uk) 0151 511 6780