

Healthy School News



From the Health School Age Operational Group

Don't forget to sign up to our Healthy Schools offer and book your in your school sessions by emailing <u>HIT@halton.gov.uk</u>

A free interactive e-learning tool for educators on microorganisms with resources for key stage 1-4. Designed to complement the national curriculum it includes lessons plans, interactive activities, quizzes, posters, games and much more. Dates we are proposing are:



05/10/21 - 3.30 07/02/22 - 3.30

Feel free to explore <u>https://www.e-bug.eu/index.php?name=UK-global-teacher-homepage</u>

Useful Mental Health Contacts

We know a lot of schools will be focusing on mental health for the new school year. Here are some useful mental health contacts to pass on to those in need for extra support.

Healthy Schools Mental health Offer

Provide support to schools to adopt a whole school /setting approach to improve the mental health and wellbeing of students, staff and parents and carers. For further information contact <u>HIT@halton.gov.uk</u>

Halton Behaviour Support Service

Work collaboratively with schools across the primary and secondary age range to embed a culture of consistency of practice, promote positive behaviour management policies, techniques and strategies. Offers Mental Health First Aid Training For further information contact <u>HBSS@halton.gov.uk</u>

Nurturing Approach

Nurture is a whole school approach which involves developing physical, social and emotional resilience, in order to allow children and young people to thrive. There are also regular network meetings to provide support and training for schools. For further information visit https://localoffer.haltonchildrenstrust.co.uk/schoo ls-colleges-post16/useful-information-documents/ or contact Ami.McNamee@halton.gov.uk

Educational Psychology team

Work with Families, schools and other professionals to bring about positive change for children and young people where there are concerns about their learning, behaviour or emotional wellbeing. The team offer a variety of training to schools for further information contact a member of the Educational Psychology team <u>Educational</u> <u>Psychology team details</u>