

Free Wellbeing Workshops for Pupils in Halton

Schools in Halton can benefit from FREE Wellbeing Workshops for pupils aged 7-16 years

What is wellbeing?
What can we do to boost our wellbeing?
What are the Five Ways to Wellbeing?

Everyone receives a FREE wellbeing pack who attends!

Request a wellbeing workshop for your school by contacting:

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Funded by Halton
Public Health

