

CALL US  
ON

0151 495 5444



Bridgewater  
Community Healthcare  
NHS Foundation Trust

Are you struggling to get your child to use cutlery properly at home?

## EAT & DRINK



Do you need advice for practicing skills with your child i.e. dressing, toothbrushing, zips and buttons?

## SELF CARE



Do you know a child who is finding handwriting or cutting with scissors difficult?

## SCHOOLWORK



Are you a teacher who wants some ideas for improving fine motor skills with kids in your class?

## FINE MOTOR



# HALTON OCCUPATIONAL THERAPY ADVICE LINE

TUESDAYS 9AM-11AM



## POSTURE

Are you a teacher who has noticed a child in your class slumping forwards or always fidgeting in their seat?



## SENSORY

Does your child struggle to do their work because of background noise or refuse to get dressed because their clothes don't "feel right"?



## BABY

Do you have concerns about how your baby is using their hands for reaching or play?



## REFERRALS

Are you confused about what OT's can offer? Do you want to talk to us before making a referral?