

Does your child need care this winter?

 Urgent Treatment Centre	 GP Surgery	 Pharmacy
Choose the right service	 111.nhs.uk	 Call NHS 111

This handy guide shares information on **how to access the right NHS service** for your child if they become ill, so they can be treated quickly and effectively.

Online symptom checker

Our friends at Alder Hey have created a web page which shares lots of useful advice on common symptoms in children. Visit www.alderhey.nhs.uk/symptomchecker for further details.



When to go to a pharmacy

They can help with:

- Coughs and colds
- Upset tummy
- Minor cuts, bumps and bruises
- Minor stings and bites

When to go to a doctor

Common illnesses that can be treated by your GP are:

- Persistent coughs
- Eye infections
- Ear pain
- Skin infections

Out of hours, you can also call 111.



When to go to urgent treatment / walk-in centres

If your GP surgery is closed, the centres have specialist nurses and doctors that can help. Common conditions that can be treated here include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties
- Suspected fractures
- Uncontrolled fever



When to go to A&E

A&E is for people with life-threatening illness or injury, which include:

- Shortness of breath
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions
- Serious animal bites
- Uncontrolled pain



 If your child is struggling to breathe or loses consciousness, call 999.

Help us to help you this winter. Scan here for further information.



Your local Urgent Treatment & Walk-In Centre is open 365 days a year, including Bank Holidays

St Helens Urgent Treatment Centre - WA10 1HJ

Monday to Saturday 7am-10pm
Sunday & Bank Holidays
9am-10pm

Widnes Urgent Treatment Centre - WA8 7GD

Monday to Sunday 8am-9pm

Huyton NHS Walk-In Centre L36 6GA

Monday to Saturday 8am-8.30pm
Sunday & Bank Holidays
10am-8.30pm

Runcorn Urgent Treatment Centre - WA7 2DA

Monday to Sunday 8am-9pm

Kirkby Urgent Treatment Centre - L32 8RE

Monday to Sunday 8am-8.30pm

Halewood NHS Walk-In Centre L26 9UH

Monday to Saturday
8am-8.30pm
Sunday & Bank Holidays
10am-8.30pm

