

HALTON CARERS CENTRE

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Halton Young Carers 2023/24 report Quarter 3

Halton Carers Centre is registered in England & Wales as a Registered Charity Number: 1124493

Company limited by Guarantee No: 06574889



Young Carers stat's Quarter 3 2023/24

During Oct 23 - Dec 2023 Halton Carers Centre Young Carers Support Workers registered **83 new young carers** on our database, taking the full total of young carers registered at Halton Carers Centre at the end of Quarter 3 2023/24 to **1075 Young Carers**.



Information & advice from the YC team was provided **632** times to young carers and/or their parents.



Reviews completed individually with **450** young carers.

We signposted young carers and their families **261 times** to other organisations in Halton who can also offer support to the family.

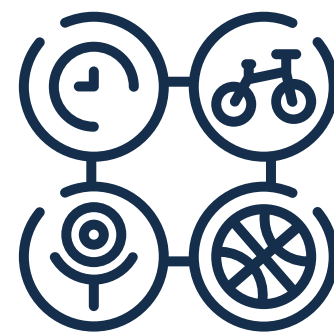


Of the **83 newly** registered YC: **40 YC** cared for a sibling who had a long term health condition or disability, **34 YC** provided care and support to a parent with a long term health condition, disability or substance misuse, while **4** of the YC provided support to another family member.



Of the 1075 YC registered **159** of these and their families are getting early intervention support from a MAP.

Our YC team made/received **939 calls** from parents/young carers

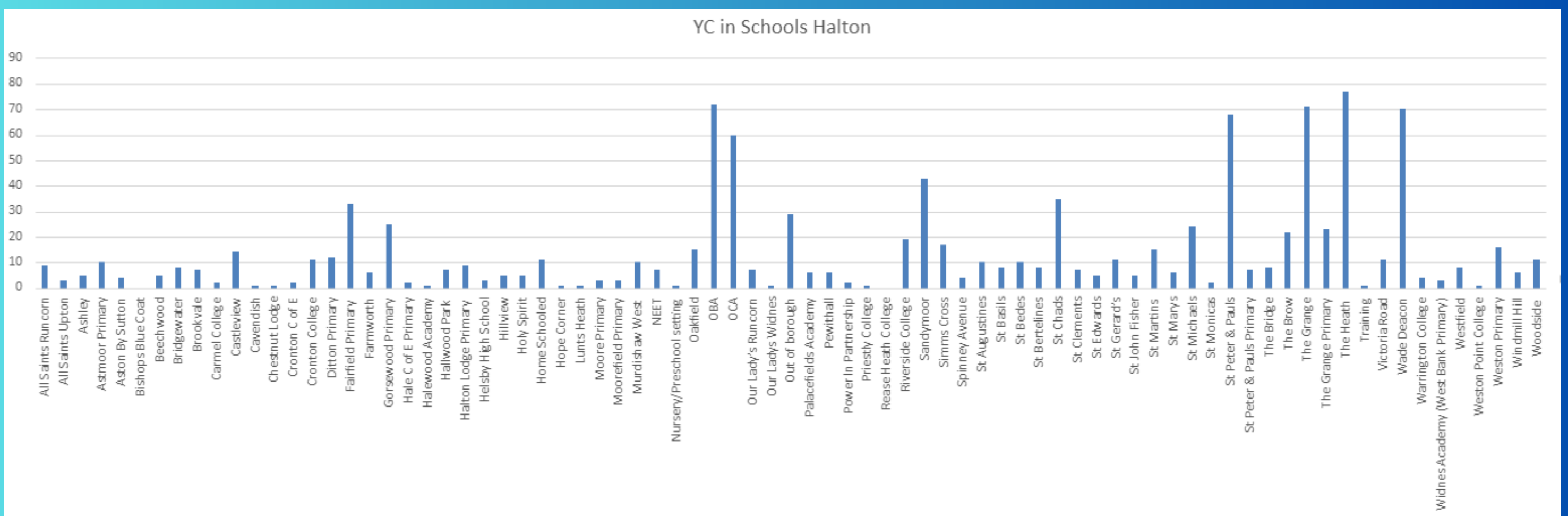


192 places were allocated to YC to access a HCC trip or HCC group in this quarter. *(There is no cost to the YC or families for any of our activities)*



In this quarter **161 YC** received Carer Break Funding from Halton Carers Centre to use to have a break from their caring role.

On our database of young carers we record the education setting the YC attends, below is the list of YC by schools in Halton as of the end of Q3 2023-24



Young Carers support groups and activities in Q3 2023/24

In Q3 of 2023/24, we hosted **5 RTime** these groups are tailored for young carers aged 11 and above. These sessions serve as a platform to provide a much-needed break from their caring role, create connections with peers, and explore new activities.

At each session food is provided for all attendees and we are reaching 20+ young carers each session.

'I have made some great friends in the group and I look forward to each session'.

In Q3 of 2023/24, we hosted a total of **6 MeTime** group sessions. These sessions cater specifically to young carers aged 4 to 10 years, with one session held in Runcorn and another in Widnes every fortnight. The MeTime groups focus on providing a supportive environment for young carers to engage in age-appropriate activities, make new friends, and enjoy nutritious snacks.

'I think the sessions are really good for the children and also if they need someone to talk other than family then the staff are there for them'.

During Quarter 3, we hosted **3 trips** for young carers, providing them with unique experiences, breaks from their caring responsibilities, and opportunities to build new friendships. We held 2 Spooky Halloween Pumpkin Carving Sessions during the October half term where young carers had the opportunity to express their creativity through spooky pumpkin carving. A Themed Halloween Walk at Norton Priory Museum which was facilitated by NP team which gave our YC Team the time to engage with all the YC who attended the activity. In December, we organised two private screens at Reel Cinema, 70 registered young carers who joined us to watch the Wonka film. Each young carer received a snack bag, and the event featured a surprise visit from Father Christmas. Additionally, each young carer left with a selection box, enhancing the festive spirit.

The Q3 YC Trips successfully provided valuable breaks and enjoyable experiences for young carers. These initiatives align with our commitment to supporting the well-being of young carers and creating a positive impact on their lives.

'P loves coming and enjoys spending time with other carers, it enables her to switch off and have a "normal" few hours enjoying herself and being a child her own age



School Support

For the 1st time in Jan 2023 schools were asked to record the amount of young carers in their school, overall in the UK 79% of schools recorded that they had NO young carers attending their schools. In Halton only **244 pupils (1.4% of students)** were identified as being a young carer on the school census. Halton Carers Centre currently holds a database of **1075 active young carers** who reside in Halton, as you can see from the chart on page 1 of this document we can identify the school each registered YC attends and going through 2023/24 we are wanting to build stronger relations with schools in Halton so your pupil database has YC recorded and the figure of YC in schools in the 2024 School census is more reflective of the reality of young carers in Halton.

To schools in Halton we offer free support and training for their staff team & pupils.

There are several elements of support which can be accessed, these include:

Young Carers Awareness training for staff - 30min session.

Young Carers Awareness session (pupils) - can be delivered in school assembly and will be age appropriate to the the audience - (30min session)

Outreach - an information stand manned by a member of our team giving your pupils the opportunity to come and ask us any questions (usually held at break/lunchtime, please see pictures below)

In school review sessions - we can hold 1-2-1 review sessions in your school with pupils that are registered with the centre.

Young carers notice board

An up to date list of what pupils we have registered from your school - those who have gave consent to share with the school.*

*School needs to be engaging actively with Halton Young Carers.

Thank you to the following schools for accessing a selection of the above offers in the last quarter:

Primary Schools: Gorsewood, Kingsway Academy, St Marys, Fairfield, Oakfields, Hallwood Park, Bridgewater, St Michaela & St Thomas

Secondary Schools; The Grange, The Heath, Sandymoor, OBA, Wade Deacon, Blessed Carlos Acutis

Further Education: Riverside College & Cronton College

If you would like to know more about the support we offer please scan the QR code and a member of our team will be in touch:



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