



Halton Resolve

Halton Resolve is an emotional health and wellbeing service that supports children, young people, and families and aims to reduce the impact of domestic abuse on individuals, families, and the community.

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The team is made up of experienced and skilled professionals who provide opportunities for children and young people to be believed, reassured, and listened to. The voices of the children and young people we support are extremely important to what we do and form the centre of our work plans.

What we offer

Our children and young people workers will provide:

- a safe, confidential space where children and young people can feel listened to and understood
- sessions on topics like safety planning, awareness of healthy and unhealthy relationships, and resilience building to help create a toolbox of healthy coping strategies.

Generally, we work with a child or young person for six to eight sessions but we can offer up to 12 one-to-one sessions (face-to-face, with a digital option) of individual or sibling interventions to reduce risks and address issues specifically related to domestic abuse.

Our parent workers will:

- liaise with the children and young people's worker on the work the child is undertaking
- share advice and guidance on understanding the warning signs of abuse and control within a relationship
- develop parents' awareness of the impact of domestic abuse on children and increase their knowledge of safety planning and ways to support children
- help parents to understand how different parenting styles and skills can impact children and to work on strengthening relationships, encouraging communication and problem solving
- think about what support might help parents with their own needs and behaviour and help them to access other services and professionals, including building their confidence to attend any parent courses they or their worker feels they may benefit from

- understand the importance of self-care and provide a listening ear.

On average, we offer eight one-to-one sessions (face-to-face, with a digital option). If needed, we can offer up to 12 sessions in a safe, comfortable environment.

Eligibility

- The domestic abuse incident(s) must have taken place within the last 12 months.
- The children and families must be Halton residents.
- Young people need to be aged 5 to 19 (or up to 25 if they have additional needs).
- Resolve's intervention must be part of identified needs in an early help, multi-agency, child in need, or child protection plan.

How to make a referral

- Professionals must gain consent from the child and their parent(s) or carer(s) prior to completing a referral.
- The Resolve team uses Eclipse, so the lead professional making the referral will need to complete a **domestic abuse Resolve referral form**.
- Within five working days, a member of the Resolve team will triage the referral and make contact with the referrer and the family to let them know next steps.



Get in touch

For more information or if you have any questions,
please email **haltonresolve@childrensociety.org.uk**
or call **01617 632 182** and ask for the Halton Resolve team.

childrensociety.org.uk

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