

Get the right care for your child this winter...

Get to know your local services, and where to go for treatment if your child becomes unwell.

Online Symptom Checker

Alder Hey Children's Hospital has an online symptom checker with advice on treating common symptoms in children. Visit the website:

www.alderhey.nhs.uk/symptom-checker

Pharmacy Services

Your local pharmacy can treat minor illnesses with over-the-counter treatments, and most pharmacies can also offer **prescription medicine** for conditions, including:

- Impetigo (aged 1 year and over)
- Infected insect bites (aged 1 year and over)
- Earache (aged 1 to 17 years)
- Sore throat (aged 5 years and over)
- Sinusitis (aged 12 years and over)



Scan here to find out more

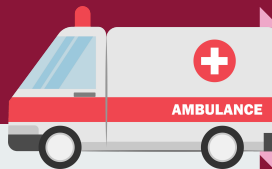


A&E

A&E is for people with life threatening illness or injury, so if you think your child needs immediate attention, then you should attend A&E.

Conditions that require immediate attention include:

- Shortness of breath
- Seizures
- Severe bleeding or burns
- Head or eye injuries
- Allergic reactions
- Serious animal bites
- Uncontrolled pain



GP Services

Your GP can help with common illnesses including:

- Persistent coughs
- Skin infections
- Eye infections
- Ear pain



Urgent Treatment / Walk-in Centres

If your GP surgery is closed, Urgent Treatment Centres (UTCs) have specialist nurses and doctors that can help. Common conditions that can be treated include:

- Cuts and scrapes
- Minor burns
- Minor breathing difficulties
- Suspected fractures
- Uncontrolled fever



Find your local Urgent Treatment Centre (UTC)

St Helens Urgent Treatment Centre, WA10 1HJ
Monday to Saturday 7am-10pm
Sunday and Bank Holidays 9am-10pm

Huyton NHS Walk-in Centre, L36 6GA
Monday to Saturday 8am-8:30pm
Sunday and Bank Holidays 10am-8:30pm

Kirkby Urgent Treatment Centre, L32 8RE
Monday to Sunday 8am-8:30pm

Widnes Urgent Treatment Centre, WA8 7GD
Monday to Sunday 8am-9pm

Runcorn Urgent Treatment Centre, WA7 2DA
Monday to Sunday 8am-9pm

Halewood NHS Walk-in Centre, L26 9UH
Monday to Saturday 8am-8:30pm
Sunday and Bank Holidays 10am-8:30pm

If your child is struggling to breathe or loses consciousness, you should **call 999**